

## Testimonials from teachers attending my BG101 workshop

Hi Dorothea,  
My name is Maggie T. - I am a school teacher at Castletown Primary school in Esperance and am currently teaching year 2's.

I have an autistic boy in my class and also a few children with learning difficulties. I have a basic knowledge of brain gym and have been using it in my room for a few years. I believe it to be very valuable and I have seen the evidence of the success it can bring.

After the course..

Thank you so much for the 4 days in Albany - what a difference it has made.

I have been reviewing what I do in the classroom and introduced the children to PACE and a few of the exercises for writing and comprehension. We have had an awesome week! I introduced them to lazy eights during a printing lesson, we just did 1 letter 'c', along with a lot of warming up with big body movements and white board lazy eights. I have one little lad who has always written the c in his name backwards. I had put a small piece of masking tape with c written on it on his desk. After the printing lesson he peeled the tape off the desk and gave it to me saying "I don't need this now I have the lazy eight trick!" He didn't stop smiling all day and handed his work to me today with a great deal of smiling! (there were a few other reversals but the 'c' was perfect!).

Dorothea, I feel empowered! Not only with learning difficulties in my room, but my own 'stuff' too. I drove from Albany to Jerramungup on the way home! YAY

Thank you for your wonderful delivery of Brain Gym 101 - I am very keen to continue with more study with the goal of becoming a Brain Gym teacher.

Of course you can use the testimonial. I have had so much success with the

little I am doing. I had 2 parents comment on the change in their children, asking what I had done to them! The teacher assistant who looks after our autistic boy also commented on the improvement saying the kids seems so 'switched on.'

I cannot thank you enough for the fabulous PD.

Kind regards

Maggie

Hi Dorothea

A quick email to say thank you for your time last weekend. It was also interesting to hear some of your heritage at dinner. I love history and how it can influence us today.

The attachment is the pictures of equipment that I showed you at the course with an additional one of the boys using the hopper. I hope you enjoy it.

Whilst we are of no use to you as far as classroom testimonies, I have to say that Daniel is seriously enjoying knowing that there are buttons in his body that he can use to turn on his brain and balance. Whilst he cannot do cross crawl on one leg at a time he can do a modified version of it without lifting his foot off the ground AND.....he's far better at seeing and twisting than his mum!!!!

Kind Regards

Kim Harp

## Feed back from another teacher..

Hello, This is Ros Fleahy

Just thought I would give some extra feedback.

Many thanks for the 4 day Brain Gym classes. I have found the information really helpful for my class teaching and for myself as a person. the classes really

made me look at the 'balance' in my own life and feelings I may have. I have begun the week with enthusiasm and a determination to have my children in tune with their own ability to learn.

It was amazing today just talking to the children about their 'brain' and what the brain helps with. We had answers like "It helps me move" "It helps me think" "It helps me talk" and this is only my first session with having the children select what they want to learn more about. (and my children are supposed to have learning difficulties -sometimes I wonder who has the difficulties is it the children learning or me teaching)

thanks again  
ros

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Hello Dorothea,

Many thanks *for your message*. Thank you so much again for coming to Albany to run the Brain Gym 101 course, it was lovely to have met you. It was wonderful to redo Brain Gym 101 again to re-inforce my learning and also see another method of teaching !!

You were wonderful and handled things really well.

It would be great to have a practice day when you return. I am so looking forward to doing my Teachers Practicum now !

Take care.  
Kind Regards,  
Angela Paratore

**Tamara North, a mother of a boy with ASD writes:**

I began my journey with brain gym for my child Jacob 4yrs, however soon realised I was in need of it myself.

Jacob has improved in such a small space of time, he can see the difference after doing brain gym, he now often rubs his "brain buttons to talk" before he needs to get a point across. The realisation of a holistic approach has been given another dimension.

I can see BrainGym being used in some many ways as a nurse, mother, wife, student, sister the list is endless. I am so gratefull Dorothea was able to come and teach us about Braingym,

I can't thank her enough, what she has given me & my family is priceless.

Words cannot describe what a difference BrainGym can do, it is something you have to experience yourself. I am now an advocate for Brain Gym & will spread the message loud & clear.

Thanks Tamara